What you need to do before travelling abroad

- Read up on your travel destination so you know whether the MFA advises against travel and are familiar with the laws and customs that are relevant for you. Travel information and advice is available on the MFA website and on the Sweden Abroad website.
- Download the MFA’s ‘UD Resklar’ app.
- Make sure you have insurance that covers the duration of the trip and your planned activities.
- Make sure you have a valid passport and visa where necessary. Contact the country’s embassy to find out what applies.
- Make sure you have enough money for the duration of the trip, including for a return ticket and unforeseen events.
- Tell relatives about your travel plans and how you can be reached.
- Report your contact details to the ‘Swedish list’ so that we can get in touch if necessary.

If a major crisis occurs in the country you are in:

- Contact relatives, so that they know that you are unharmed.
- Follow the advice and instructions of local authorities.
- Keep informed through international and local mass media.
- Read the Swedish embassy’s travel information for the country in question.

If you want to contact the Ministry for Foreign Affairs or Swedish embassy:

If you are abroad, call the nearest Swedish embassy. If the embassy is closed you will have the option to be put through to the Consular Emergency Centre in Stockholm in an emergency.

Travel information and contact details for Swedish embassies and consulates can be found here:

ud.se
swedenabroad.com
the UD Resklar app

ud.se/resklar
Consular services for Swedes abroad

The MFA and Swedish embassies are responsible for providing consular services, in other words advice and support to Swedes abroad in various emergency situations. When you contact the MFA or a Swedish embassy, you should be met with respect and in a proper manner. Our consular services are based on the Swedish consular regulatory framework and are to be provided consistently, equally and in a legally certain manner irrespective of where you are in the world. Circumstances and regulations vary from country to country and can sometimes influence conditions for consular services.

Here is how we can assist you

- Provide travel information and advice by country.
- Provide advice on how to resolve your situation if you are involved in an emergency situation abroad.
- Issue regular or emergency passports.
- Provide advice on how you can transfer money from your own bank accounts.
- Contact relatives, insurance companies, medical doctors, banks and public authorities in Sweden.
- Help and guide you in dealings with local authorities in the country.
- Provide a financial loan for return to Sweden in an emergency situation when all other options have been exhausted.
- Provide information, advice and support in a major crisis situation.
- If you are arrested by police and are imprisoned, we can make sure that you have been provided with a public counsel and request to visit you in prison. If you want, we can contact your close relatives.
- In the event of a death abroad, we keep in touch with close relatives and help them with practical matters.

Here is what we cannot do

- We do not provide any banking, interpreter or translation services.
- We do not provide general tourist information or arrange housing or subsistence abroad.
- We do not pay debts, guarantees, fines or lawyers’ fees.
- We do not pay for transport home of a coffin/urn in the event of a death abroad.
- We cannot influence entry and exit provisions of other countries if you are denied entry or exit.
- We cannot interfere in the legal proceedings of other countries.
- If you are arrested by police or are imprisoned abroad, we cannot arrange for you to receive special treatment because you are Swedish. The law of the country in question always applies.

If you need urgent assistance in an emergency situation when the embassy is closed, you can contact the Ministry for Foreign Affairs Consular Emergency Centre in Stockholm around the clock via the embassy’s telephone switchboard.